



Food, clothing, and a healthy mind-set are the necessities of life.

At the Haven we are reminded of that every day as our services help over 1,000 people a month by putting food on their tables, providing clothing, shoes, boots, warm coats, emotional support, and assistance to families with infants. The Haven's goal is to meet these needs so people can move to the next steps of becoming self-sufficient and then in turn give back to their community in a positive way.

Helping at the Haven

Vlad's Story

I began my student placement position at Haven on the Queensway in September 2017.

From my initial interview and tour, I felt a very strong, positive energy and I've witnessed this healthy energy often transferred to clients who visit the Haven, from various communities across the GTA.

My placement included processing client intakes in the Food Bank, First Care and Clothing Boutique programs, visiting

isolated seniors through the Seniors Helping Seniors program and helping at special fundraising events.

The Hope With Wheels program left the biggest impact on me as I accompanied them on several, cold Tuesday nights. I helped the team hand out basic needs supplies such as water, hot food, survival kits and warm sleeping bags to homeless people sleeping on street vents.

My favorite experience during my placement, connects several of the services that the Haven offers.

Before I started there, my neighbor, Ryan, asked me where he could donate his bicycle. From my research I quickly replied: Haven on the Queensway.

This bicycle was unique as it was an orange and white foldable mountain bike from Lebanon. Ryan donated it and trusted it would be given to the right person who needed it the most.



A month into my placement, a regular client named Kevin, visited the Haven and

seemed down on his luck and mentioned that his bike was stolen. Remembering the bike my friend had donated, we offered it to him. Kevin was smiling and far happier than anyone that I have seen in a long time.

A short time later, on a cold, rainy outreach night with Hope with Wheels, I ran into Kevin at a shelter. We exchanged greetings and he told me that he still had the bike and was so grateful for this one and only piece of possession that he had and how much it has helped him get around. My placement at the Haven and interaction with Kevin is something that I will remember for a long time and is a reminder that I made the right career choice as a future Social Service Worker.



Meet Migual

Migual, who was diagnosed with thyroid cancer, and lost his job, visits the Haven regularly.

Judy, one of our volunteers, wrote a letter to ODSP on behalf of Migual. Things are looking up again for him as he now receives extra support until he is able to work again.

Thank you, Judy!

Gift Bags

Thank you, Mina, for all your hard work putting together Care Gifts Bags for new moms in our First Care Program!



Seniors Helping Seniors

The Haven's Seniors Helping Seniors program has a grant from the Government of Canada to have seminars, workshops and day trips. This year our theme is "ARTS Through the Ages" and we have a lecture series with ten different University of Toronto's Art History Department speakers, six hands-on workshops, and three day trips – all at no cost to the participants.

So Much Fun!



After thoroughly enjoying a lecture on *Norman Rockwell: Life and Times* by Dr. Betsy Moss, our group set about creating a watercolour painting to take home and frame. The next lecture, *Drawing for the Completely Intimidated* by Dr. Richard Slominski from the Ontario College of Art & Design, will be a full studio setup for still life drawing. We can't wait!



On our road trip to Marylake, the summer home of Sir Henry Pellatt (he built Casa Loma), our Seniors Helping Seniors gang enjoyed a fascinating presentation by historian and author Kelly Mathews, followed by a delicious catered buffet lunch and then an extensive tour of the grounds. Kelly also provided a copy of her newly published book

The Road to Marylake for each participant which was read with interest on the bus ride home. (That's Kelly in front on the left side.)

Our next trip is to Casa Loma and Spadina House Museum!

Second Harvest

Second Harvest would like to express their gratitude to the Haven team for ensuring the food they rescue is put to good use. Second Harvest is so thankful to be partnered with organizations like the Haven, whose dynamic programming and commitment to addressing food insecurity is helping to make Toronto a stronger, healthier city.

From September 1, 2017 to February 28, 2018, Second Harvest has delivered **24,280** pounds of food to Haven on the Queensway, a donation valued at **\$60,700**.



The Great Garage Sale & Recycling Event

The Haven's annual Garage Sale and Recycling Event was held on June 2nd. This year, 48 vendors and 5 recyclers joined our cause.

Our vendors were mainly from this community, and the participating recyclers were: Rain Barrel.ca, Bag2School, ADL Process, Metalogics, and RONA Islington.

The Evans & Kipling and Queensway branches of Starbucks came out and supported the cause. DJ



Honey Flow kept us all dancing, and our Brazilian team came out to fill our appetite with a delicious barbeque meal.

The day started off little chilly, but the turnout was great and we all had a great time!



We would also like to express our thanks to Church on the Queensway for providing the venue.



7th Annual Golf Tournament & Dinner



On June 21st, the Haven hosted 7th Annual Golf Tournament and Dinner.

It was a beautiful day for golf! Many thanks to our sponsors, donors, participants, and dinner guests!

All proceeds from this tournament will go to fund Haven on the Queensway's programs such as its food bank, clothing boutique, Hope with Wheels, and many others. We provide help to over 1,500 people each month through these programs. The Haven offers an atmosphere of respect, dignity and support, helping less fortunate to become more self-sufficient, and to eventually integrate fully into society with hope and confidence.

Thank you again for all your generous support!



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Putting Contest: **Best Buy Stockyards**

Marshmallow Contest: **Boston Pizza**

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Haven Services

Food Bank • Clothing Boutique • First Care • Lakeside Dinner
Hope With Wheels • Stepping Out • Alcoholics Anonymous • 12 Step
Children's Book Center • Seniors Helping Seniors • Inmate Rehabilitation

How You Can Help

Food Bank

Toilet paper, canned fish, canned fruit,
juice boxes, coffee, tea, cooking oils, dish
soap, laundry detergent, empty plastic
juice drink or water bottles

Clothing Boutique

New or clean, gently used clothing, new
children's books

First Care

New infant items, diapers, formula for
baby care bags, small baby equipment
items

Hope With Wheels

New socks, new underwear, new sleeping
bags, men's and women's hygiene
products

Item or Financial Donations can be dropped off at the Haven
Monday to Thursday from 8:30am to 4pm

Please note that we do not accept furniture or adult books

If you prefer to mail your donation:

Haven on the Queensway
1533 The Queensway
Toronto, ON M8Z 1T8

Please make cheques payable to:

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For more information about donations, please contact info@havenontheq.com

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