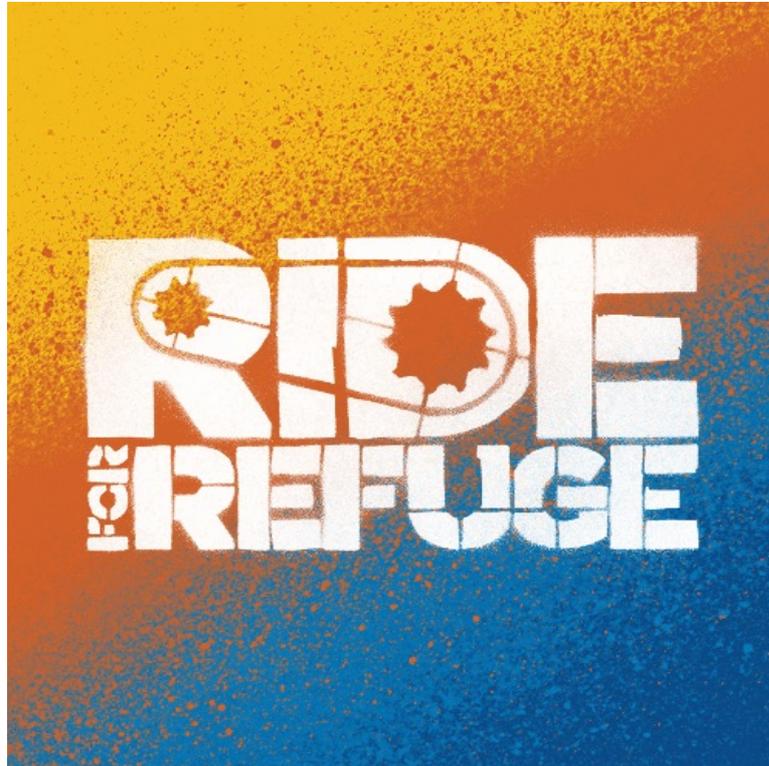


# Haven

ON THE QUEENSWAY

HOPE STARTS HERE . . .



## Ride with us!

### About the Event

#### **It's not about the ride - it's about the refuge.**

The Ride for Refuge is a family-friendly fundraiser held on Saturday, October 2, 2021 in support of charities that provide refuge and hope in Canada and around the world.

Thank you for standing up (and signing up) for all those who are so deeply affected by a callous world that ignores their pain, their needs, and their great potential.

#### **RIDE Freestyle**

Register your team, gather your friends, and select one of 15 RIDE Freestyle fundraising activities. You can do the same thing together, or mix and match within your team. Do what you can, wherever you can. #nobikesrequired

**Can you still ride your bike or walk?** Yes, of course! Still, it might be fun to try something different - take a look at the RIDE Freestyle choices and imagine what else you could do. You might find a new way to express your passion... for Refuge.

#### **Thank You T-shirt**

When you fundraise the modest, minimum levels below we say thank you by sending you our much-loved RIDE t-shirt. This year, we'll even mail it to you the week you qualify for it!

Youth 0-17: Fundraise \$75 or more

Adults 18 and over: Fundraise \$150 or more

[Register](#)

[Donate](#)

## HAVEN'S FOOD BANK



### **This is what our clients receive when you give.**

Our team of staff and volunteers at the food bank are working hard to give out the best to our clients. We love what we do and most of all we go above and beyond to provide them with the proper nutrition they need. Some of our clients have dietary restrictions due to diabetes, food allergies, or because of religious reasons, they can't accept certain items. We have been meeting their need and it is all because of your help. A million thank you is to all our supporters who are making this mission possible. You bring such joy to many individuals and families by giving them the relief they need. Many can focus on getting back on their feet and not worrying about where their next meal comes from. They have enough food to put on the table and make lunches now that their children are back to school. Your support also gave many school supplies and backpacks again this year.

We appreciate all you have done and continue doing for this community.

### **Please find below a list of items we need:**

Soup (canned or packaged)  
Pasta Sauce  
Kraft Dinner  
Boost/Ensure

## HAVEN'S CLOSET



### **Let's continue giving them kindness and warmth.**

It has been a busy season at Haven's Closet! With COVID restrictions being reduced, we have been able to increase the number of clients who come to shop for their families. Currently, over a thousand items of clothing and footwear are being given out each week! This does not happen by magic but by the help and donations of many willing hands.

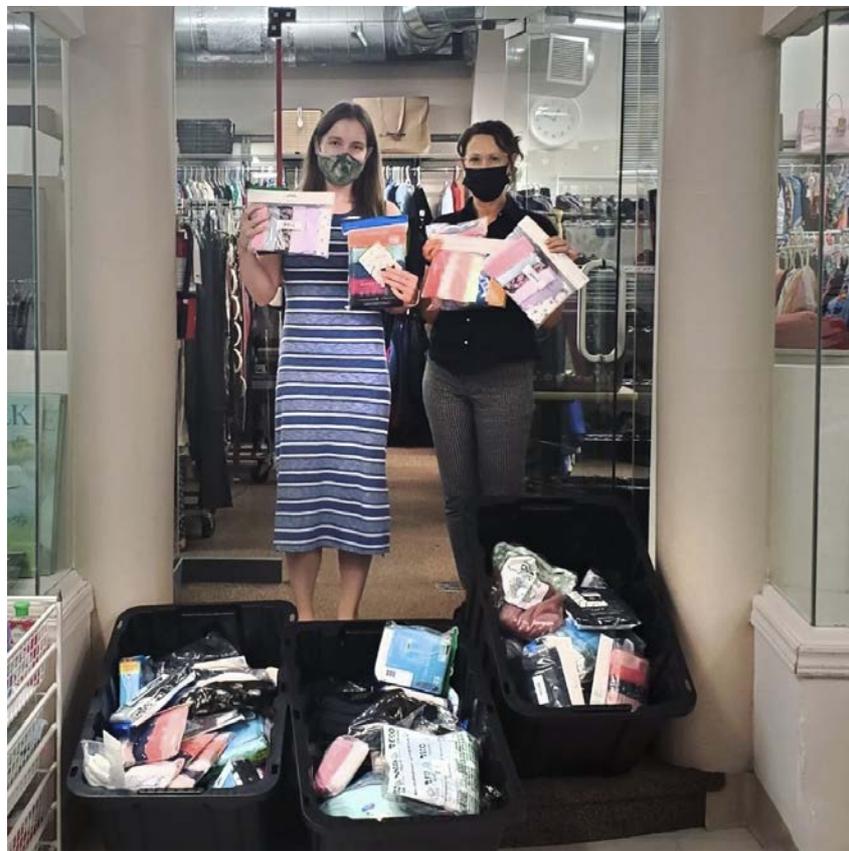
While there are too many generous donors to thank personally in this newsletter, we would like to mention a few

- The Comeback Consignment Store for holding a fundraiser for a very important item.... Women's underwear!!
- Heel Boy for beautiful brand-new shoes which made our clients feel very special.
- Calvin Klein for providing clothing and much-needed socks and underwear.
- Ikea for always being generous neighbors and donating linens and houseware.

- The community of South Etobicoke. Each time a need is posed on Facebook this supportive community always rallies together to meet our needs!

Winter is fast approaching! Now we know you don't want to think about that but for many families who cannot afford jackets and boots, it does weigh heavily on their minds. So, Haven's Closet is in need of CLEAN, gently used winter jackets, boots, and accessories for adults and children. What a great time to clean out your closets!

Della Court  
Haven's Closet Coordinator



### **And there is more...**

We would like to send a huge THANK YOU out to The Comeback Consignment Shop. These amazing people recently held an underwear drive and purchased a very large quantity of panties for our clients!!

So thank you to Kristen and the generous staff and clients of The Comeback.



## **THE FIRST CARE SERVICE**



### **That little smile is priceless!**

The innocent smile of a baby who comes into the Haven with the parents is priceless. And the appreciation of the parents is indescribable.

Our First Care program prides itself in helping these young parents give their children a healthy start in life. With the help of our donors and sponsors, we provide these young families with the necessary items to give comfort to their families.

No donation is too small or too big, everyone counts and it's greatly appreciated by the Haven. We want to thank you all for your infinite support because we can only give what we get.

## HAVEN HELPING SENIORS



Our goal at the Haven is to support and celebrate our seniors in any possible way; this is why we keep in contact with them to understand their needs, which could go from food delivery to just having a nice conversation about their pets. This summer we discovered that Malcolm, one of our seniors, is a fine poet who gets inspiration from the simple day-to-day facts of life. We thank him for sharing his creations with us.

### *A SPECIAL KIND OF FRIEND*

*If there's someone I can talk to  
Someone no one can replace  
If there's someone I can laugh with  
Till the tears run down my face . . .  
If there's someone I can turn to  
When I need a helping hand  
If there's someone I can count on  
To advise and understand . . .  
If there's someone I can sit with  
And not need to say a word  
If there's someone I can trust  
To keep each confidence they have heard . . .  
If there's someone I think more of  
As each year comes to an end . . .  
Then I'm a very lucky person  
For I've found a special friend.*

MALCOLM LEWIS  
m. j. l.  
1998.

**TO OUR DONORS:  
WE APPRECIATE YOUR HELP**



**Rib Fest**

From July 1-3, the Haven participated with Rotary Etobicoke's the Annual Canada Day Rib Festival. We thank the Rotary Etobicoke for all they do for the community. The Haven team was grateful to meet and greet our community and present its work. See you next year!



### Risk Takers

A huge thanks goes to Risk Takers 416 and 905 an amazing group of people dedicated to recovery especially from substance abuse and domestic violence.

They donated boxes of food our Food Bank and essentials for new moms as well as a large amount of cash donations. We are so blessed to know you!



### Nando's

Etobicoke Nando's honors National Mandela Day by choosing the Haven as their charity.

On Mandela Day, July 18th, Nando's celebrates the greatest South African to have lived by following his example. On this day Nando's donated to the Haven over 80 free quarter chicken meals. This has been the most delicious way to celebrate a hero and a very tasty way to donate.

Thank you so much Nando's we are all in love with your food.



## Starbucks Etobicoke - Birthday Kits Fundraiser

Here's a huge shoutout to South Etobicoke Starbucks and its regional manager, Janie who created the Birthday Kit Fundraising Event to make sure, every kid in need gets the chance to celebrate their birthday. They collected birthday candles, balloons, napkins, plates, cups and small gifts. The packages also include 100% real butter natural frostings that are allergy-friendly and they are provided by a local business called @GoodPantryFood; the owner Rose saw the poster of this wonderful fundraiser in her neighbourhood Starbucks store.

## Thank's again to all the participants, sponsors, and donors for the Haven's Annual Golf Tournament!!



Our gracious and considerate host Lambton Golf and Country Club donated \$2500 back to the Haven on the Queensway. Thank you, Peter (COO) and his staff, for going beyond and over to make the Haven's Annual Golf Tournament successful host the. See you on Monday, July 25, 2022, at your lovely course again!

### THANK YOU TO ALL SPONSORS



Haven & Starbucks  
9TH ANNUAL GOLF TOURNAMENT & DINNER

























### HOPE STARTS WITH GREAT SUPPORT



**THANK YOU TO ALL OUR VOLUNTEERS**

# VOLUNTEER



## The gift that keeps on giving.

Summer was a busy time at the Haven and for our volunteers. As they continue to support our regular programs, they also supported fundraising and seasonal initiatives such as our Annual Golf Tournament, the Rotary Rib Fest, and the Back-to-School program. Balancing family time and shifts at the Haven brought some challenges that we were able to sort through thanks to their generosity and commitment.

We want to thank the volunteers that are no longer able to volunteer with us, your support made a difference in many lives!

The Haven also continues receiving the support of the community and in the last months, several volunteers have joined our Haven family to help with our Food Bank, Clothing Closet, and Hope with Wheels programs. We welcome our new volunteers and are happy to share with you the joy of helping the people in need in our community.

If you are interested in volunteering with us, please fill out the Volunteer Application Form.

To sign up as a volunteer please click [HERE](#).

## Haven Services

Food Bank ● Haven's Closet ● First Care ●  
Hope With Wheels ● Stepping Out ● Alcoholics Anonymous ● Parents Hope  
Children's Book Center ● Haven Helping Seniors

## How You Can Help

### Food Bank

Toilet paper, canned fish, canned fruit, juice boxes, cooking oils, dish soap, laundry detergent, canned meat, canned or packaged soup (specialty vegetarian), pasta sauce, canned tomatoes, Kraft dinner.

### Haven's Closet

New, clean, or gently used clothing, children's books

### First Care

New infant items, diapers, formula for baby care bags, small baby equipment items

### Hope With Wheels

New socks, new underwear, new sleeping bags, men's and women's hygiene products

For a complete list of donation items accepted, [click here](#)  
**Clothing or Financial Donations** can be dropped off at the Haven  
Monday to Friday from 8:30am to 4:00pm

***Please note that we do not accept furniture or adult books***

### **If you prefer to mail your donation:**

Haven on the Queensway  
1533 The Queensway  
Toronto, ON M8Z 1T8

### **Please make cheques payable to:**

Haven on the Queensway

For more information about donations, please contact [info@havenontheq.com](mailto:info@havenontheq.com)

[Make an Online Donation](#)



You received this email because you have participated in a fundraising event, contributed to, or are registered with Haven on the Queensway.

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